

## Inspire Academy PE LTP Overview

	N	R	Y1	Y2	Y3	Y4	Y5	Y6
<b>HT 1</b>	Basic Principles of PE	Principles of PE	Fundamentals	Fitness	(XC) Hockey	(XC) Swimming	(XC) Tag Rugby	(XC) Tag Rugby
	Inspire PE EYFS Programme	Inspire PE EYFS Programme	Team Building	Ball Skills	<b>Gymnastics</b>	<b>Tag Rugby</b>	<b>Fitness</b>	<b>Fitness</b>
<b>HT2</b>	Dance	Gymnastics	Dance	Dance	OAA	Swimming	OAA	Basketball/ Netball
	Fundamentals	Ball Skills	Net & Wall	Football	<b>Dodgeball</b>	<b>Gymnastics</b>	<b>Badminton</b>	<b>Badminton</b>
<b>HT3</b>	Gymnastics	Games	Gymnastics	Gymnastics	Athletics	Swimming	Ultimate Frisbee	Ultimate Frisbee
	Ball Skills	Dance	Ball Skills	Fundamentals	<b>Volleyball</b>	<b>Volleyball</b>	<b>Dodgeball</b>	<b>Dodgeball</b>
<b>HT4</b>	Games	Fitness	Invasion Games	Dodgeball	Netball	Swimming	Netball/ Basketball	Football
	Principles of PE	Sending & Receiving	Yoga	Yoga	<b>Dance</b>	<b>Basketball/ Netball</b>	<b>Volleyball</b>	<b>Volleyball</b>
<b>HT5</b>	Ball Skills	Team Building	Striking & Fielding	OAA	Swimming	Dance	Gymnastics	Dance
	Fundamentals	Yoga	Fundamentals	Rounders	<b>Cricket/ Rounders</b>	<b>Cricket/ Rounders</b>	<b>Cricket/ Rounders</b>	<b>Cricket/ Rounders</b>
<b>HT6</b>	Dance	Athletics	Athletics	Athletics	Swimming	Athletics	Athletics	Athletics
	Inspire EYFS Athletics Programme	Target Games	Inspire PE Games Programme	Tennis	<b>Tennis</b>	<b>Tennis</b>	<b>Tennis</b>	<b>Tennis</b>

All classes have 2 x PE slots per week. EYFS and KS1 have 2 x Hall slots timetabled. KS2 have 1 x Hall slot timetabled. The **sport in bold** is that PE Lesson (although outdoors can be utilised if suitable, weather permitting and space available).