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| **Paragraph** | **5 day tasting menu** | **Cat feeding machine** |
| **Introduction** | Has anyone offered you fruit?  “Mmmm..yes please?” or more like “bleurgh”.  Get together and make |  |
| **Equipment:** | Sharp knife  peeler  Chopping boards  … |  |
| **Instructions:** | Before you begin, check…   1. Wash hands 2. Gather equipment and arrange 3. Rinse and dry. Peel vegetables. 4. Place on chopping boards and slice 5. Arrange them attractively 6. Repeat 7. Rinse hands |  |
| **Top tip:** | Some fruit go brown - oxidation |  |