

Who You Are

Jessie J

Mm, yeah, oh

Yeah, yeah

I stare at my reflection in the mirror

Why am I doing this to myself?

Losing my mind on a tiny error

I nearly left the real me on the shelf

No, no, no, no, no

Don't lose who you are

In the blur of the stars

Seeing is deceiving

Dreaming is believing

It's okay not to be okay

Sometimes it's hard

To follow your heart

Tears don't mean you're losing

Everybody's bruising

Just be true to who you are

(Who you are, who you are, who you are)

No, no, no, no, no, no, no

(Who you are, who you are, who you are)

(Who you are, who you are)

Brushing my hair, do I look perfect?

I forgot what to do to fit the mold, yeah

The more I try the less is working, yeah yeah

'Cause everything inside me screams

"No, no, no, no, no..." (No, no, no, no, no)

Don't lose who you are

In the blur of the stars

Seeing is deceiving

Dreaming is believing

It's okay not to be okay

Sometimes it's hard

To follow your heart

But tears don't mean you're losing

Everybody's bruising

There's nothing wrong with who you are

Real talk, real life, good love, goodnight

With a smile, that's my own, yeah oh

That is my own
"No, no..."

No, no, no, no, no, no...
Don't lose who you are
In the blur of the stars
Seeing is deceiving

Dreaming is believing
It's okay not to be okay
Sometimes it's hard
To follow your heart

Tears don't mean you're losing
Everybody's bruising
Just be true to who you are
Yeah, yeah, yeah

Song lyrics; Who You Are by Jessie J – VIPERS – Lesson 1

Q1. Define the word *deceiving*

Q2. Find the word which rhymes with losing. _____

Q3. If someone has a *big ego* what does this mean?

Love themselves	No faith in themselves	No self-love
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Q4. Circle one; Error means...

Lie	Correct	Similar	Mistake
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Q5. Find a phrase which suggests that some people feel like they don't fit in.

Q6. What is the opposite of losing? _____

Q7. If something is *blurred* what does this mean?

Song lyrics; Who You Are by Jessie J – VIPERS – Lesson 2

Fill the blanks

I stare at my _____ in the mirror

Why am I doing this to myself?

_____ my mind on a tiny error

I nearly left the real me on the _____

No, no, no, no, no

Don't lose who you are

In the _____ of the _____

_____ is _____

_____ is believing

It's okay not to be _____

Sometimes it's hard

To follow your _____

Q1. What does Jessie J brush to look perfect? _____

Q2. It sometimes is hard to follow.... Circle the correct answer.

The pavement	Your heart	A dream
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Q3. If you cry, it doesn't mean you're not what? _____

Q4. Which word means in verse 1, means look? _____

Q5. Find one word in the song which means, you are deliberately causing someone to believe something is not true. _____

Q6. Who is the singer of this song? _____

Q7. How often many times is the chorus repeated? _____

Q8. Find and copy the final line of the song.

Song lyrics; Who You Are by Jessie J – VIPERS – Lesson 3

Q1. In what way can a person 'lose who they are?'

Q2. How does the song make you feel? Explain.

Q3. 'I nearly left the real me on the shelf', why do you think someone would pretend to be someone they're not?

Q4. What is theme of the song? Circle one.

Bullying	Self-love	Friendship
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Q5. Find a phrase which suggest it is hard to fit in?

Q6. The phrase 'It's okay not to be okay' what does this mean?

Q7. Which sentence implies that it is ok to cry?

Song lyrics; Who You Are by Jessie J – VIPERS – Lesson 4

Watch the Jessie J Music Video - <https://www.youtube.com/watch?v=j2WWrupMBAE>

Or type into YouTube – Jessie J, Who You Are (Official Video)



Q1. Consider Jessie J's facial expressions: what do they tell us about how she is feeling?

Q2. Why does she stare into the camera whilst sat still? The camera is replacing an object mentioned in the song: what is it?